

## Volunteers of America Southeast Louisiana

Since 1896, Volunteers of America's ministry of service has supported and empowered America's most vulnerable people, touching the mind, body and spirit of those we serve.

Volunteers of America Southeast Louisiana addresses the most challenging issues of the day and develops innovative solutions to meet the needs of our community.

Our diverse offering of more than 30 human services programs enables us to support and empower children, families, seniors, individuals with disabilities and veterans in 16 south Louisiana parishes. Delivering lifesaving short-term as well as lifelong services to those in need, we support over 50,000 of the most underserved individuals in our community annually.

As an affiliate of a leading national human service charity, Volunteers of America Southeast Louisiana has a rich history and a promising future in south Louisiana.



Volunteers of America®  
SOUTHEAST LOUISIANA

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**Office Hours:**  
Monday – Friday  
8:30 a.m. – 4:30 p.m.

[voasela.org](http://voasela.org)



# Family Focused Recovery

Outpatient and  
Community-Based  
Services



## Our Philosophy

*We believe that every person who comes to us wants to improve their lives in a meaningful way and everyone's path to doing that may be different.*

Family Focused Recovery assists you by providing the support you need to work on your substance use and mental health goals, so you can be the best version of yourself for your family.

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*Family Focused Recovery is open to pregnant and parenting women\* who use substances.*

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Women interested in our services may call or email us directly to request services in the nine-parish region of Southeast Louisiana.

Referrals from other agencies can be emailed directly to our program.

Services are currently funded by the Regional Partnership Grant, through the Administration for Children, Youth, and Families and Children's Bureau.

*\*All services are open to pregnant persons, women-identifying, and nonbinary parents*

## What We Do

*Family Focused Recovery is a program intended to help pregnant and parenting women struggling with substance use.*

### Our Services Include:

- **Harm Reduction Services**
- **Clinical Assessment and Person-Centered Care Planning:**

to determine your mental health and substance use disorder treatment needs and connect you with needed care.

- **Family Focused Peer Support Services:**

- Recovery Peer Support
- Emotional Peer Support: Helping with emotional needs and behavioral health goals.
- Instrumental Peer Support: Direct assistance with transportation, obtaining items, and accessing care and benefits.
- Affiliation Support: Connecting to recovery community activities.
- Informational Support: Providing education, information, and referrals for health and wellness.

*Our staff use a variety of evidence-based models including Peer Support, Cognitive Behavioral Therapy, Relapse Prevention Therapy, Nurturing Parenting for Families in Substance Abuse Treatment and recovery, Solution-Focused Therapy, and Harm Reduction.*

## Child & Adolescent Services

*This service is open to the children, ages 17 and under, of women engaged in Family Focused Recovery.*

### Services Include:

- **Clinical Assessment and Person-Centered Care planning** to determine your child's mental health and substance use disorder treatment needs and connect them with needed care.
- **Intensive Care Coordination** to link your child to needed pediatric care, immunizations, dental care, and service coordination to ensure success at school.
- **Therapy services**, including individual and family services.

## Coming Soon

Family Focused Recovery  
Residential Center